

GOAL-WEIGHT ACHIEVERS

(October 2024 - April 2025)



getfitmalawi@gmail.com

Area 25A, Simso filling station, along kanengo road

Welcome to Getfit's Catalogue of Success Stories

Welcome to Getfit's Catalogue of Success Stories At Getfit, we're passionate about helping people achieve their weight loss goals and transform their lives. Our comprehensive fitness program, which includes our online weight loss program, gym, and healthy products, has helped over 500 individuals shed unwanted pounds and maintain a healthy weight. With a 100% guarantee of losing a minimum of 6-12 kgs in a month, our online program has proven to be a game-changer for those seeking a sustainable weight loss solution.

In this catalogue, we showcase the inspiring stories of some individuals who have achieved remarkable weight loss success through our program in a period of 7 months(October 2024 to April 2025). From their struggles to their triumphs, these stories serve as a testament to the effectiveness of our approach and the dedication of our clients.

Let's get started and celebrate the successes of our Getfit community!

84 KGS 68 KGS

3 MONTHS



"Small steps lead to big changes."

FANNIE

80 KGS 66 KGS

7 WEEKS



"Strong mind, strong body."

ANGELLA



85 KGS

5 MONTHS



"Consistency creates change."

BONGANI



8 WEEKS



"Transform pain into power."

CHAWANANGWA

99 KGS

64 KGS

4 MONTHS



"Your journey, your pace."

CHIKONDI

94 KGS

64 KGS

3 MONTHS





"Sweat today, shine tomorrow."

MWABI







"Every pound is a victory."

AGNESS

90 KGS 75 KGS





"Progress, not perfection."

ANGELLA

92 KGS 66 KGS 8 WEEKS



"Choose health every day."

ESTHER







"Mindset fuels transformation."

KELLY







"Believe you can, and you will."

MAGRET

88 KGS **74 KGS**

2 MONTHS



"Change begins in the kitchen."

RABECCA

87 KGS



67 KGS

10 WEEKS





"One workout at a time."

KETTIE

84 KGS 68 KGS

3 MONTHS





"Renew, rebuild, rejoice."

FANNIE

79 KGS 70 KGS

6 WEEKS





"Fuel your body, feed your soul."

RABECCA

95 KGS 64 KGS

5 MONTHS





"Rise, grind, repeat."

TRYNESS

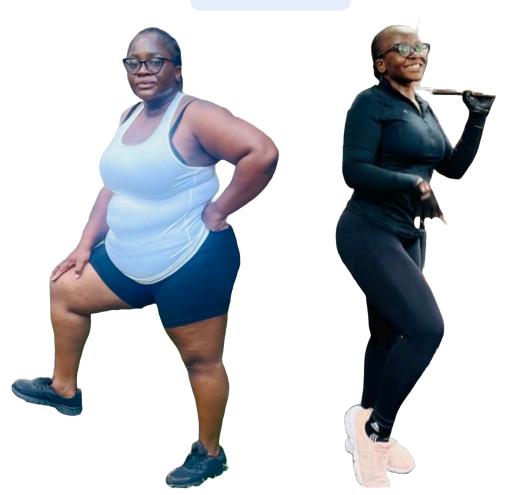




"From struggle comes strength."

NELLIE





"Small wins stack up."

LOUISA



3 WEEKS



"Be your own inspiration."

GEORGE

80 KGS 70 KGS

2 MONTHS



"Dedication drives results."

CHIPILILO

90 KGS 69 KGS

4 MONTHS





"Challenge your limits."

CHRISSY

84 KGS 68 KGS

3 MONTHS



"Rewrite your story."

DEBORAH

80 KGS 70 KGS

5 WEEKS





"Healthy habits, happy life."

ELIZABETH







"Dream big, work hard."

FATSANI

67 KGS 59 KGS

3 WEEKS



"Defy your doubts."

HARRIET

87 KGS 71 KGS

2 MONTHS





"You are worth the effort."

HOPE

79 KGS 60 KGS

7 WEEKS



"Embrace the burn."

JACQUELINE







"Consistency beats intensity."

MARGARET

82 KGS 68 KGS

5 WEEKS





"Progress is the goal."

MTISUNGE

74 KGS 67 KGS

1 MONTHS



"Sweat is your fat crying."

ANNIE

80 KGS 68 KGS

1 MONTHS





"Stronger than yesterday."

QUEEN

79 KGS 64 KGS

2 MONTHS





"Commit to be fit."

REJOICE





"Stay patient, stay persistent."

ROYCE

92 KGS 82 KGS



"Push past your comfort zone."

SANDRA







"Healthy body, healthy mind."

THOKOZANI

95 KGS **85 KGS**

1 MONTHS



"Earn your confidence."

WITNESS







"Results require resilience."

CHARITY





"Own your transformation."

CHIPPI

92 KGS 66 KGS

5 MONTHS





"Fuel progress, not excuses."

MAUREEN

86 KGS **73 KGS**

3 MONTHS





"Your body, your temple."

MABEL





"Believe in the process."

SALOME

74 KGS 67 KGS

2 WEEKS





"One rep at a time."

WONGANI

93 KGS **69 KGS**

3 MONTHS





"Transformation takes time."

LOUISA



4 WEEKS





"Your body is what you make it."

RUTH

76 KGS 64 KGS

6 WEEKS





"Confidence starts with you."

SUZAN



73 KGS

4 MONTHS





"Sweat equity pays off."

MELDA

84 KGS 65 KGS





"Rise above resistance."

DEBORAH







"Your health is your wealth."

LUSUNGU

76 KGS 62 KGS

2 MONTHS





"Make every workout count."

TAMARA

95 KGS 65 KGS

5 MONTHS





"Strength through struggle."

TRYNESS

86 KGS 70 KGS

3 MONTHS





"Transform today for tomorrow."

TAONGA

Join the hundreds of individuals who have achieved remarkable weight loss success with Getfit. Take the first step towards transforming your life today. Contact us to learn more about our online weight loss program, gym, and healthy products. Let's get fit together!